



Dover Elementary Grab & Go Breakfast Menu November 2016

Tuesday 11/1 Today's Special		Wednesday 11/2 Today's Special		Thursday 11/3 Today's Special		Friday 11/4 Today's Special			
Soft Round Granola bar Fruit Selection Milk		Yogurt & Grahams Fruit Selection Milk		Bagel with Cream Cheese Fruit Selection Milk		Fruit Oatmeal Bar Fruit Selection Milk			
Monday 11/7 Today's Special		Tuesday 11/8 Today's Special		Wednesday 11/9 Today's Special		Thursday 11/10 Today's Special		Friday 11/11 Today's Special	
Cereal Fruit Selection Milk		Soft Round Granola bar Fruit Selection Milk		Yogurt & Grahams Fruit Selection Milk		No School		No School	
Monday 11/14 Today's Special		Tuesday 11/15 Today's Special		Wednesday 11/16 Today's Special		Thursday 11/17 Today's Special		Friday 11/18 Today's Special	
Cereal Fruit Selection Milk		Soft Round Granola bar Fruit Selection Milk		Yogurt & Grahams Fruit Selection Milk		Bagel with Cream Cheese Fruit Selection Milk		Fruit Oatmeal Bar Fruit Selection Milk	
Monday 11/21 Today's Special		Tuesday 11/22 Today's Special		Wednesday 11/23 Today's Special		Thursday 11/24		Friday 11/25	
Cereal Fruit Selection Milk		Soft Round Granola bar Fruit Selection Milk		No School		Happy Thanksgiving		No School	
Monday 11/28 Today's Special		Tuesday 11/29 Today's Special		Wednesday 11/30 Today's Special					
Cereal Fruit Selection Milk		Soft Round Granola bar Fruit Selection Milk		Yogurt & Grahams Fruit Selection Milk					

Try a Bite/ Harvest of the Month

This month we are featuring **Sweet Potatoes**. Look for them on the lunch menu throughout the month

Feed Your Brain At Breakfast! *Good nutrition enhances learning.*

A healthy breakfast can help fuel your brain and body to start the day.

Choose the Special of the Day with up to two Breakfast Fruit Selections & Milk

All baked goods and cereals are 100% Whole Grain rich.

Meal Prices

Breakfast:

Full Price: 1.35

Reduced Price: .30

Adult: 1.35

Lunch:

Full Price: 2.85

Reduced Price: .40

Adult: 3.35

Questions or Comments about the Meal Program?

Please Contact

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Or visit:

<http://www.freshpickscafe.com>

Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.



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