



Ellis School Breakfast Grab n' Go Menu May 2017

Monday 5/1 Today's Special	Tuesday 5/2 Today's Special	Wednesday 5/3 Today's Special	Thursday 5/4 Today's Special	Friday 5/5 Today's Special
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Fresh Baked Muffin Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk
Monday 5/8 Today's Special	Tuesday 5/9 Today's Special	Wednesday 5/10 Today's Special	Thursday 5/11 Today's Special	Friday 5/12 Today's Special
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Fresh Baked Muffin Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk
Monday 5/15 Today's Special	Tuesday 5/16 Today's Special	Wednesday 5/17 Today's Special	Thursday 5/18 Today's Special	Friday 5/19 Today's Special
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Fresh Baked Muffin Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk
Monday 5/22 Today's Special	Tuesday 5/23 Today's Special	Wednesday 5/24 Today's Special	Thursday 5/25 Today's Special	Friday 5/26 Today's Special
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Fresh Baked Muffin Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk
Monday 5/29 Memorial Day	Tuesday 5/30 Today's Special	Wednesday 5/31 Today's Special		
In remembrance of those who have sacrificed all for our country	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk		

Try a Bite/ Harvest of the Month

This month we are featuring
Radishes
Try a Bite this month

Monthly Celebration

Cinco de Mayo

This month we celebrate
Mexican American culture

Feed Your Brain At Breakfast!

*Good nutrition
enhances learning.*

Daily Options:

- *Yogurt and Grahams*
- *Cereal w/ Hard Boiled Egg or Cheese Stick*
- *Breakfast Sandwich*
- *Bagel w/ Cream Cheese*
 - *Fruit Oatmeal Bar*
- *Soft Round Granola Bar*

**All Breakfasts Include Fruit
and Milk**

All baked goods and cereals
are 100% Whole Grain rich.

Meal Prices

Breakfast:

Full Price: \$1.50
Reduced Price: \$0.30
Adult: \$2.25

Lunch:

Full Price: \$2.55
Reduced Price: \$0.40
Adult: \$3.50

Questions or Comments about the Meal Program?

Please contact your
Food Service Director
Carol Humes
@ 895-2511 x427

or

fremont@cafeservices.com

Or visit:

<http://www.freshpickscafe.com>

*Students may take two fruit
servings with each meal. They
must take at least one to qualify
for the meal prices listed.*



Fresh Picks Cafe is a division of Café Services™

Café Services is a proud proponent of
the Farm-to-School Initiative.
We Buy Local First.

*This Institution is an equal
opportunity provider.*