



## Grafton Grab & Go Breakfast Menu June 2017

		Thursday 6/1 Today's Special		Friday 6/2 Today's Special	
		Soft Round Granola Bar Fruit Selection Milk		Fresh Bagel with Cream Cheese Fruit Selection Milk	
Monday 6/5 Today's Special	Tuesday 6/6 Today's Special	Wednesday 6/7 Today's Special	Thursday 6/8 Today's Special	Friday 6/9 Today's Special	
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk	Fresh Bagel with Cream Cheese Fruit Selection Milk	
Monday 6/12 Today's Special	Tuesday 6/13 Today's Special	Wednesday 6/14 Today's Special	Thursday 6/15 Today's Special	Friday 6/16 Today's Special	
Assorted Cereal w/ Cheese Stick Fruit Selection Milk	Yogurt and Grahams Fruit Selection Milk	Fruit Oatmeal Bar Fruit Selection Milk	Soft Round Granola Bar Fruit Selection Milk	Fresh Bagel with Cream Cheese Fruit Selection Milk	
Monday 6/19 Today's Special					
Assorted Cereal w/ Cheese Stick Fruit Selection Milk					

# Have a Wonderful Summer!

**Café Services** is a proud proponent of the Farm-to-School Initiative. We Buy Local First.



Fresh Picks Cafe is a division of Café Services™

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

*This Institution is an equal opportunity provider.*

### Try a Bite/ Harvest of the Month

This month we are featuring **Mixed Salad Greens** On the menu throughout the month.

### Monthly Celebration

### End of Year BBQ!

### Feed Your Brain At Breakfast!

*Good nutrition enhances learning.*

*A healthy breakfast can help fuel your brain and body to start the day.*

Choose the Special of the Day with up to two Breakfast Fruit Selections & Milk

All baked goods and cereals are 100% Whole Grain rich.

### Meal Prices

#### Breakfast:

Full Price: \$1.70  
Reduced Price: \$0  
Adult: \$2.05

#### Lunch:

Full Price: \$2.65  
Reduced Price: \$0  
Adult: \$3.80

### Questions or Comments about the Meal Program?

Please contact your Food Service Director Richard Curtis @ 802-463-3944 x232 or [fsd@wnesu.com](mailto:fsd@wnesu.com)

Or visit: <http://www.freshpickscafe.com>



## Grafton Elementary School Lunch Menu

Students: \$2.65

June 2017

Adults: \$3.80

		Thursday 6/1 End of Year BBQ Part 1		Friday 6/2 Fresh Picks Pizza	
		Cheeseburger with Lettuce, Tomato, Pickle Potato Salad Watermelon		Cheese Pizza or Specialty Topping Mixed Field Greens Fresh Fruit	
Monday 6/5 End of Year BBQ Part II	Tuesday 6/6 Tex-Mex Tuesday	Wednesday 6/7 Mom's Favorite	Thursday 6/8 Thursday Brunch	Friday 6/9 Fresh Picks Pizza	
Hot Dog Oven Fries Baked Beans Fresh Fruit	Chicken Quesadilla with Toppings Mexicali Rice Garden Salad Mixed Fruit	Spaghetti with Meat Sauce Garlic Bread Broccoli Assorted Fruit	Homemade French Toast Sausage Patties Home Fries Fresh Fruit	Cheese Pizza or Specialty Topping Grape Tomatoes Banana	
Monday 6/12 Gone Fishing	Tuesday 6/13 Taco Tuesday	Wednesday 6/14 Family Classic	Thursday 6/15 Student Favorite	Friday 6/16 Fresh Picks Pizza	
Fish Sticks Cole Slaw Crispy Tater Tots Fresh Fruit	Soft Taco with Fixings Seasoned Rice Green Beans Pineapple	Homemade Macaroni and Cheese Dinner Roll Green Leaf Salad Pears	Grilled Cheese on Whole Grain Cucumber Wedges Fresh Apple	Cheese Pizza or Specialty Topping Baby Carrots with Hummus Peaches	
Monday 6/19 Fun on a Bun					
Bacon Cheeseburger Lettuce, Tomato, Pickles Carrots Fresh Fruit					

# Have a Wonderful Summer!

### Try a Bite! Harvest of the Month

This month we are featuring **Mixed Salad Greens** On the menu throughout the month.

### End of the Year BBQ

Thank you for a great year.  
Have a great summer!

### Deli

#### Fresh Made Deli Sandwiches

made on whole wheat breads and offered with two nutritious sides and farm fresh milk.

- Monday:** Turkey & Cheese
- Tuesday:** Ham & Cheese
- Wednesday:** Café Kids Plate
- Thursday:** Fruit & Yogurt Parfait
- Friday:** Egg Salad

#### Sunbutter & Jelly Available Daily

### Market Fresh

**A Specialty Entrée Salad and a Garden Chef Salad**  
made fresh daily and offered with whole wheat bread, fruit and farm fresh milk

- Monday:** Three Cheese Salad
- Tuesday:** Chicken Caesar
- Wednesday:** Ham & Cheese Chef
- Thursday:** BCLT
- Friday:** Strawberry Chicken

#### Garden Chef Salad Available Daily

### Pizza

**Friday is Pizza Day!**  
Whole wheat pizza dough topped with low fat pizza cheese, served with two nutritious sides and milk

Questions or Comments Please  
Contact Your  
Food Service Director  
Richard Curtis at  
802-463-3944 x232 or  
[bellowsfalls@cafeservices.com](mailto:bellowsfalls@cafeservices.com)



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