



Middle School Breakfast Menu June 2017

		Thursday 6/1 Today's Special		Friday 6/2 Today's Special	
		Whole Grain Cinnamon Roll Breakfast Fruit Selection Milk		Whole Grain Cinnamon Donut Breakfast Fruit Selection Milk	
Monday 6/5 Today's Special	Tuesday 6/6 Today's Special	Wednesday 6/7 Today's Special	Thursday 6/8 Today's Special	Friday 6/9 Today's Special	
Whole Grain French Toast Sticks Warm Syrup Breakfast Fruit Selection Milk	Fresh Baked Muffin Breakfast Fruit Selection Milk	Breakfast Quesadilla Breakfast Fruit Selection Milk	Whole Grain Cinnamon Roll Breakfast Fruit Selection Milk	Whole Grain Cinnamon Donut Breakfast Fruit Selection Milk	
Monday 6/12 Today's Special	Tuesday 6/13 Today's Special	Wednesday 6/14 Today's Special	Thursday 6/15 Today's Special	Friday 6/16 No School	
Whole Grain French Toast Sticks Warm Syrup Breakfast Fruit Selection Milk	Fresh Baked Muffin Breakfast Fruit Selection Milk	Scrambled Eggs w/ Whole Wheat Toast Breakfast Fruit Selection Milk	Whole Grain Cinnamon Roll Breakfast Fruit Selection Milk		
Monday 6/19 No School	Tuesday 6/20 No School	Wednesday 6/21 No School	Tuesday 6/22 No School	Wednesday 6/23 No School	

Have a Wonderful Summer!

Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.



Fresh Picks Cafe is a division of Café Services™

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

This institution is an equal opportunity provider.

Try a Bite! Harvest of the Month

This month we are featuring **Mixed Salad Greens** On the menu throughout the month.

Monthly Celebrations!

Boston Food Truck Fridays at Lunch!

Feed Your Brain At Breakfast!

Good nutrition enhances learning. Healthy breakfast offerings daily include your choice of:

Assorted Cereals w/Hard Boiled Egg or Cheese Stick,

Breakfast Sandwiches

Fruit & Yogurt Parfait or Special of the Day

with up to two Fruit selections & Milk

Meal Prices

Breakfast:

Full Price: \$ 1.60
Reduced Price: \$0
Adult: \$ 2.50

Lunch:

Full Price: \$ 3.00
Reduced Price: \$ 0
Adult: \$ 3.50

Questions or Comments about the Meal Program?

Please contact your Food Service Director Anton Prikazchikov @ 295-8610

or

hartford@cafeservices.com

Or visit:

<http://www.freshpickscafe.com>

Middle School Lunch Menu

Students: \$ 3.00

June 2017

Adults: \$ 3.50

		Thursday 6/1 End of Year BBQ Part I		Friday 6/2 Stuff It !
		Grilled Hot Dog With your choice of Fixings Maple Baked Beans Oven Fries Watermelon		<i>Baked Potato Bar w/Fixings Mixed Field Greens Fresh Fruit</i>
Monday 6/5 Student Favorite	Tuesday 6/6 Tex-Mex Tuesday	Wednesday 6/7 On Top of...	Thursday 6/8 Brunch For Lunch	Friday 6/9 Food Truck Friday!
Corn Dog Oven Fries Baked Beans Fresh Fruit	Nacho Bowl Mexicali Rice Carrots Mixed Fruit	Lazy Lasagna Garlic Bread Broccoli Assorted Fruit	French Toast Sticks Maple Ham Home Fries Pears	<i>Green Muenster! Tomato Soup Mixed Field Greens Fresh Fruit</i>
Monday 6/12 Fish & Chips	Tuesday 6/13 Tex-Mex Tuesday!	Wednesday 6/14 Family Classic	Thursday 6/15 Food Truck Thursday	Friday 6/16 No School
Fish Sticks Cole Slaw Potato Wedges Fresh Fruit	Quesadilla Variety Seasoned Rice Bean Salad Fresh Fruit	Homemade Macaroni & Cheese Parmesan Roll Spinach Salad Pears	<i>Street Tacos Fish or Chicken Mixed Field Greens Fresh Fruit</i>	
Monday 6/19 No School	Tuesday 6/20 No School	Wednesday 6/21 No School	Thursday 6/22 No School	Friday 6/23 No School

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Food Service Director,
Anton Prikazchikov
802-295-8610
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Mixed Salad Greens
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the month.

Monthly Celebration

Boston Food Truck
Fridays!

- Green Muenster
- Street Tacos

End of School BBQ

Deli

Fresh Made Deli Sandwiches

Lean meats, cheeses and
daily choices of deli salads
made to order on whole
wheat breads & rolls with
fresh vegetable toppings.
Served with nutritious sides
and farm fresh milk.

Market Fresh

Fresh Made Salads & Specialties

Special Entrée Salads
prepared fresh daily served
with fresh whole wheat
breads, fruit and milk.
Vegetarian options offered
daily.

Pizza

Made on site

Whole wheat pizza dough
topped with low-fat pizza
cheese. Served with
nutritious sides and milk.

Café Express

Lunch on the go

Grab-n-Go hot sandwiches
made with whole wheat
breads and rolls, served with
nutritious sides and milk.