


Ottaquechee Breakfast Menu May 2017

Monday 5/1 Today's Special	Tuesday 5/2 Today's Special	Wednesday 5/3 Today's Special	Thursday 5/4 Today's Special	Friday 5/5 Today's Special
Cereal Hard boiled Egg Juice Fruit Milk	Muffins Cheese Sticks Juice Fruit Milk	Danimals Yogurt Giant Gold Fish Juice Fruit Milk	Bagel w/Cream Cheese Juice Fruit Milk	Soft Round Granola Bar Breakfast Fruit Juice Milk
Monday 5/8 Today's Special	Tuesday 5/9 Today's Special	Wednesday 5/10 Today's Special	Thursday 5/11 Today's Special	Friday 5/12 Today's Special
Cereal Hard boiled Egg Juice Fruit Milk	Muffins Cheese Sticks Juice Fruit Milk	Danimals Yogurt Giant Gold Fish Juice Fruit Milk	Bagel w/Cream Cheese Juice Fruit Milk	Soft Round Granola Bar Breakfast Fruit Juice Milk
Monday 5/15 Today's Special	Tuesday 5/16 Today's Special	Wednesday 5/17 Today's Special	Thursday 5/18 Today's Special	Friday 5/19 Today's Special
Cereal Hard boiled Egg Juice Fruit Milk	Muffins Cheese Sticks Juice Fruit Milk	Danimals Yogurt Giant Gold Fish Juice Fruit Milk	Bagel w/Cream Cheese Juice Fruit Milk	Soft Round Granola Bar Breakfast Fruit Juice Milk
Monday 5/22 Today's Special	Tuesday 5/23 Today's Special	Wednesday 5/24 Today's Special	Thursday 5/25 Today's Special	Friday 5/26 Today's Special
Cereal Hard boiled Egg Juice Fruit Milk	Muffins Cheese Sticks Juice Fruit Milk	Danimals Yogurt Giant Gold Fish Juice Fruit Milk	Bagel w/Cream Cheese Juice Fruit Milk	Soft Round Granola Bar Breakfast Fruit Juice Milk
Monday 5/29 Memorial Day	Tuesday 5/30 Today's Special	Wednesday 5/31 Today's Special		
In remembrance of those who have sacrificed all for our country	Muffins Cheese Sticks Juice Fruit Milk	Danimals Yogurt Giant Gold Fish Juice Fruit Milk		

Try a Bite/ Harvest of the Month

This month we are featuring
Radishes
Try a Bite this month

Monthly Celebration

Cinco de Mayo

This month we celebrate
Mexican American culture

Feed Your Brain At Breakfast!

*Good nutrition
enhances learning.*

*A healthy breakfast can
help fuel your brain and
body to start the day.*

**Choose the
Special of the Day
with up to two Breakfast
Fruit Selections & Milk**

All baked goods and cereals
are 100% Whole Grain rich.

Meal Prices

Breakfast:

Full Price: \$ 1.60
Reduced Price: \$ 0
Adult: \$ 2.50

Lunch:

Full Price: \$ 3.00
Reduced Price: \$ 0
Adult: \$ 3.50

Questions or Comments about the Meal Program?

Please contact your
Food Service Director
Anton Prikazchikov @
802-295-8610

hartford@cafeservices.com

Or visit:

<http://www.freshpickscafe.com>

Café Services is a proud
proponent of the
Farm-to-School Initiative.
We Buy Local First.



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*Students may take two fruit
servings with each meal. They
must take at least one to qualify for
the meal prices listed.*

*This institution is an
equal opportunity provider.*

Ottaquechee Elementary Lunch Menu

Students: \$ 3.00

May 2017

Adults: \$ 3.50

Monday 5/1 Student's Choice	Tuesday 5/2 Finger Licking	Wednesday 5/3 Home Style	Thursday 5/4 <i>Taste of Mexico</i>	Friday 5/5 Fresh Picks Pizza
Honey Dipped Corn Dog Roasted Carrots Strawberry Cup	Chicken Nuggets Seasoned Rice Broccoli Pears	Homemade Macaroni & Cheese Dinner Roll Kale Caesar Salad Peaches	Turkey Taco With Fixings Rice Black Bean & Corn Salad Applesauce Cups	Cheese Pizza Garden Salad w/ Radish Mixed Fruit
Monday 5/8 Tex-Mex Meatless Monday	Tuesday 5/9 Student's Choice	Wednesday 5/10 Student's Choice	Thursday 5/11 <i>Asian Buffet</i>	Friday 5/12 Fresh Picks Pizza
Cheese Quesadilla Rice and Beans Sweet Corn Pears	Grilled Ham & Cheese Veggie Soup Potato Wedges Peaches	American Chop Suey Garlic Roll Caesar Salad Pears	Sweet & Sour or Plain Popcorn Chicken Asian Noodles Ginger Carrots Pineapple	Cheese Pizza or Specialty Topping Cucumber & Radish Salad Apple Sauce
Monday 5/15 Meatless Monday	Tuesday 5/16 Brunch-A-Lunch	Wednesday 5/17 Classic Italian	Thursday 5/18 <i>Taste of Ireland</i>	Friday 5/19 Fresh Picks Pizza
Stuffed Cheese Stick Marinara Sauce Tomato Basil Salad Peaches	French Toast Sticks Baked Ham Roasted Potatoes Cinnamon Applesauce	Lazy Lasagna Caesar Salad 3 Bean Salad Pears	Shepherd's Pie Dinner Roll Garden Salad w/ Radish Mixed Fruit	French Bread Pizza Celery Sticks Fresh Fruit
Monday 5/22 Meatless Monday	Tuesday 5/23 Taco Tuesday	Wednesday 5/24 <i>Taste of Italy</i>	Thursday 5/25 Student Favorite	Friday 5/26 Fresh Picks Pizza
Homemade Grilled Cheese Tomato Soup Tater Tots Peaches	Soft Turkey Taco with Fixings Seasoned Rice 2 Bean Salad Fresh Fruit	Pasta with Meat sauce Parmesan Roll Broccoli Mixed Fruit	Whole Grain Corn Dog Broccoli Orange Wedges	Cheese Pizza or Specialty Topping Garden Salad Fruit Mix
Monday 5/29 Memorial Day	Tuesday 5/30 Tex-Mex Tuesday	Wednesday 5/31 Say Cheese		
In remembrance of those who have sacrificed all for our country	Nachos Supreme Nacho Fixings Cilantro Rice Peas Fruit Cocktail	Baked Ziti With Meat Sauce Spinach and Radish Salad Dinner Roll Peaches		

Try a Bite! Harvest of the Month

This month we are featuring **Radishes**
Try a Bite this month.

Global Road Trip Asia, Ireland, Mexico, Italy

Deli

Fresh Made Deli Sandwiches

made on whole wheat breads and offered with two nutritious sides and farm fresh milk.

Mon: Fruit & Yogurt Parfait

Tues: Ham & Cheese

Wed: Grilled Cheese Sandwich

Thurs: Cheese Quesadilla

Fri: Fruit & Yogurt Parfait

Sunbutter & Jelly Available Daily

Market Fresh A Specialty Entrée Salad and a Garden Chef Salad

made fresh daily and offered with whole wheat bread, fruit and farm fresh milk

Mon: Three Cheese Salad

Tues: Chicken Caesar

Wed: Ham & Cheese Chef

Thurs: Bacon & Cheese

Fri: Ranch Chicken

Pizza

Friday is Pizza Day!

Questions or Comments Please

Contact Your

Food Service Director,

Anton Prikazchikov

802-295-8610

hartford@cafeservices.com



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