

## White River Breakfast Menu

May 2017

Monday 5/1 Today's Special	Tuesday 5/2 Today's Special	Wednesday 5/3 Today's Special	Thursday 5/4 Today's Special	Friday 5/5 Today's Special
Yogurt and Grahams Fruit Selection Milk	Bagel w/Cream Cheese Juice Fruit Milk	Pancakes Warm Syrup Breakfast Fruit Selection Milk	Homemade Cinnamon Roll Fruit Selection Milk	Cinnamon Sugar Donut Breakfast Fruit Juice Milk
Monday 5/8 Today's Special	Tuesday 5/9 Today's Special	Wednesday 5/10 Today's Special	Thursday 5/11 Today's Special	Friday 5/12 Today's Special
Yogurt and Grahams Fruit Selection Milk	Bagel w/Cream Cheese Juice Fruit Milk	Pancakes Warm Syrup Breakfast Fruit Selection Milk	Homemade Cinnamon Roll Fruit Selection Milk	Cinnamon Sugar Donut Breakfast Fruit Juice Milk
Monday 5/15 Today's Special	Tuesday 5/16 Today's Special	Wednesday 5/17 Today's Special	Thursday 5/18 Today's Special	Friday 5/19 Today's Special
Yogurt and Grahams Fruit Selection Milk	Bagel w/Cream Cheese Juice Fruit Milk	Pancakes Warm Syrup Breakfast Fruit Selection Milk	Homemade Cinnamon Roll Fruit Selection Milk	Cinnamon Sugar Donut Breakfast Fruit Juice Milk
Monday 5/22 Today's Special	Tuesday 5/23 Today's Special	Wednesday 5/24 Today's Special	Thursday 5/25 Today's Special	Friday 5/26 Today's Special
Yogurt and Grahams Fruit Selection Milk	Bagel w/Cream Cheese Juice Fruit Milk	Pancakes Warm Syrup Breakfast Fruit Selection Milk	Homemade Cinnamon Roll Fruit Selection Milk	Cinnamon Sugar Donut Breakfast Fruit Juice Milk
Monday 5/29 Memorial Day	Tuesday 5/30 Today's Special	Wednesday 5/31 Today's Special		
In remembrance of those who have sacrificed all for our country	Bagel w/Cream Cheese Juice Fruit Milk	Pancakes Warm Syrup Breakfast Fruit Selection Milk		

## Try a Bite/ Harvest of the Month

This month we are featuring  
**Radishes**  
Try a Bite this month

## Monthly Celebration

**Cinco de Mayo**  
This month we celebrate Mexican American culture.

## Feed Your Brain At Breakfast!

*Good nutrition enhances learning.*

*Healthy breakfast offerings daily include choice of:*

- Assorted Cereals with Hard Boiled Egg
- Fruit & Yogurt Parfait
- Special of the Day

with up to two Fruit selections & Milk

## Meal Prices

### Breakfast:

Full Price: \$ 1.60  
Reduced Price: \$ 0  
Adult: \$ 2.50

### Lunch:

Full Price: \$ 3.00  
Reduced Price: \$ 0  
Adult: \$ 3.50

## Questions or Comments about the Meal Program?

Please contact your Food Service Director  
Anton Prikazchikov @  
802-295-8610

[hartford@cafeservices.com](mailto:hartford@cafeservices.com)

Or visit:

<http://www.freshpickscafe.com>

**Café Services** is a proud proponent of the Farm-to-School Initiative. We Buy Local First.



Fresh Picks Cafe is a division of Café Services™

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

*This institution is an equal opportunity provider.*

## White River Elementary Lunch Menu

Students: \$ 3.00

May 2017

Adults: \$ 3.50

Monday 5/1 Student's Choice	Tuesday 5/2 Finger Licking	Wednesday 5/3 Home Style	Thursday 5/4 <i>Taste of Mexico</i>	Friday 5/5 Fresh Picks Pizza
Honey Dipped Corn Dog Roasted Carrots Strawberry Cup	Chicken Nuggets Seasoned Rice Broccoli Pears	Homemade Macaroni & Cheese Dinner Roll Kale Caesar Salad Peaches	Turkey Taco With Fixings Rice Black Bean & Corn Salad Applesauce Cups	Cheese Pizza Garden Salad w/ <b>Radish</b> Mixed Fruit
Monday 5/8 Tex-Mex Meatless Monday	Tuesday 5/9 Student's Choice	Wednesday 5/10 Student's Choice	Thursday 5/11 <i>Asian Buffet</i>	Friday 5/12 Fresh Picks Pizza
Cheese Quesadilla Rice and Beans Sweet Corn Pears	Grilled Ham & Cheese Veggie Soup Potato Wedges Peaches	American Chop Suey Garlic Roll Caesar Salad Pears	Sweet & Sour or Plain Popcorn Chicken Asian Noodles Ginger Carrots Pineapple	Cheese Pizza or Specialty Topping Cucumber & <b>Radish</b> Salad Apple Sauce
Monday 5/15 Meatless Monday	Tuesday 5/16 Brunch-A-Lunch	Wednesday 5/17 Classic Italian	Thursday 5/18 <i>Taste of Ireland</i>	Friday 5/19 Fresh Picks Pizza
Stuffed Cheese Stick Marinara Sauce Tomato Basil Salad Peaches	French Toast Sticks Baked Ham Roasted Potatoes Cinnamon Applesauce	Lazy Lasagna Caesar Salad 3 Bean Salad Pears	Shepherd's Pie Dinner Roll Garden Salad w/ <b>Radish</b> Mixed Fruit	French Bread Pizza Celery Sticks Fresh Fruit
Monday 5/22 Meatless Monday	Tuesday 5/23 Taco Tuesday	Wednesday 5/24 <i>Taste of Italy</i>	Thursday 5/25 Student Favorite	Friday 5/26 Fresh Picks Pizza
Homemade Grilled Cheese Tomato Soup Tater Tots Peaches	Soft Turkey Taco with Fixings Seasoned Rice 2 Bean Salad Fresh Fruit	Pasta with Meat sauce Parmesan Roll Broccoli Mixed Fruit	Whole Grain Corn Dog Broccoli Orange Wedges	Cheese Pizza or Specialty Topping Garden Salad Fruit Mix
Monday 5/29 <b>Memorial Day</b>	Tuesday 5/30 Tex-Mex Tuesday	Wednesday 5/31 Say Cheese		
In remembrance of those who have sacrificed all for our country	Nachos Supreme Nacho Fixings Cilantro Rice Peas Fruit Cocktail	Baked Ziti With Meat Sauce Spinach and <b>Radish</b> Salad Dinner Roll Peaches		

## Try a Bite/ Harvest of the Month

This month we are featuring  
**Radishes**  
Try a Bite this month.

## Global Road Trip Asia, Ireland, Mexico, Italy

### Deli

#### Fresh Made Deli Sandwiches

made on whole wheat breads and offered with two nutritious sides and farm fresh milk.

**Mon:** Fruit & Yogurt Parfait

**Tues:** Ham & Cheese

**Wed:** Grilled Cheese Sandwich

**Thurs:** Cheese Quesadilla

**Fri:** Fruit & Yogurt Parfait

### Sunbutter & Jelly Available Daily

## Market Fresh

**A Specialty Entrée Salad and a Garden Chef Salad**  
made fresh daily and offered with whole wheat bread, fruit and farm fresh milk

**Mon:** Three Cheese Salad

**Tues:** Chicken Caesar

**Wed:** Ham & Cheese Chef

**Thurs:** Bacon & Cheese

**Fri:** Ranch Chicken

## Pizza

### Friday is Pizza Day!

Whole wheat pizza dough topped with low fat pizza cheese, served with two nutritious sides and milk

Questions or Comments Please

Contact Your

Food Service Director,  
Anton Prikazchikov  
802-295-8610

[hartford@cafeservices.com](mailto:hartford@cafeservices.com)



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