



Rutland City Public Schools

Dear Parent or Guardian:

The 2019-20 school year is upon us and Fresh Picks Café is pleased to once again be selected to manage your school's Food Service Program. Fresh Picks Café (a Cafe Services company) is a locally owned and operated company dedicated to serving delicious, wholesome, quality meals that meet the latest nutritional guidelines. As a refresher, here are some of the features your children enjoy through your district's partnership with Fresh Picks Café:

1.) Menus:

This year we continue to offer interactive Menus through **Nutrislice**. You now have the option to download the Nutrislice app to your mobile device and check your student's menu choices daily. Ingredients, allergen and nutritional data for all items served can be viewed from this app. Interactive menus are also available online and can be viewed and printed using the link on your school web page.

Rutland Intermediate/Middle School (RIMS) has the following stations offering a variety of daily lunch choices. **Signature Café** featuring "Home Made" Entrees, "Build it Bars" and "Tossed to Order" Entrée Salads; **Market Fresh** which features a daily selection of Entrée Salads as well as Fruit and Yogurt Parfaits; **Pizza** featuring quality Fresh Baked Pizza made with whole grain dough and low fat cheeses; **Café Express** offers Hot "Grab and Go" Sandwiches and the **Deli** serves "Made to Order" Deli Sandwiches.

Northeast Elementary and **Northwest Elementary** offer a wide selection of choices each day that include items such as **Market Fresh Salads & Yogurt Parfaits**, the **Signature Café Entrée** of the day and a **Downtown Deli Sandwich** option.

The cafeterias will be open prior to school each day to provide a **complete nutritious breakfast** featuring a wide range of hot and cold breakfast meal options. All breakfasts are accompanied by a variety of fruit selections to enable students choose a full, healthy meal to start their day.

All three schools also provide additional fruit & vegetable snacks at no charge to students during the school day through the USDA's Fresh Fruit & Vegetable Program grant.

Fresh Picks Café is proud to present our **Smart Snacks** line of healthier packaged snack, beverage, and homemade snack options. Visit the Fresh Picks Café website and watch for details and news flashes on exciting new programs.

2.) Community Eligibility Program: Brattleboro Town Schools participate in the USDA's Community Eligibility Program (CEP). Through this program all students are able to receive a breakfast and a lunch at school at no charge.

3.) Student Allergy / Special Needs Identification: If your student has a medically documented food allergy or special need when it comes to food, your food service director will work closely with the school nurse and other personnel to ensure that your child's specific needs are met. Please contact your Food Service Director with details.

6.) Local Purchasing & Green Initiatives: Fresh Picks Café has a robust local purchasing policy, and buys from local farms and food producers as much as possible. We are a strong supporter of the Farm to School initiative. We are also active in recycling and composting efforts. We are always looking to build new relationships with local farmers and environmentally conscious groups – please feel free to contact your food service director.

More can be learned about Fresh Picks Café by visiting our website <http://www.freshpickscafe.com>, on our Facebook page <http://www.facebook.com/FreshPicksCafe> or by following us on Twitter @FreshPicksCafe.

Rutland School District Food Service Director:

Sean Miller 802-786-1957 rutland@freshpickscafe.com

Pricing: All students are entitled to a breakfast and a lunch at no charge

This institution is an equal opportunity provider.